

AND GET THE MESSAGES OUT



*Foodsafe Freddie says
Clean, Cook, Cover and Chill*

FURTHER DIRECTIONS AND HOMEWORK

- Remind students that Foodsafe Freddie will be featured on television during Foodsafe Week. Can the students think of good reasons why Freddie is used to front the Foodsafe Campaign? **eg**
 - *he is familiar to us all*
 - *he helps us remember the messages.*
- Have students brainstorm and invent further Foodsafe Week characters who are 'Freddie's helpers' during Foodsafe Week. Students can make special masks and design clothes for their characters. Their task is visit other classes to deliver their foodsafe messages in fun and interesting ways (*These could be Mr Clean, Mr Cook, Mr Cover and Mr Chill!*).
- Print out the Foodsafe Checklist and have students go through the questions with their families. Anonymously collate and graph and display results.
- Have students check the temperature of their home fridge during the week with a thermometer (It should be between 2° and 4°C).



CHILL

Download and use the multi-level Teacher Resources pdf from: www.foodsafe.org.nz > click on Resources and downloads. This extensive resource includes word searches and puzzles plus many classroom activity suggestions for teachers.

IDEAS FOR YEARS 1-3

- Have students write captions of all the foodsafe messages they hear and discover during the week and make into a wall chart display and/or hang as mobiles.
- Have students keep a sharp-eye-out for Foodsafe Freddie on television during the week. Have them remember and repeat the messages he gives to the class each day.
- Have small groups prepare mini-dramas of foodsafe behaviour and act these out to the class.
- Make Foodsafe Freddie masks to wear in a Foodsafe parade. Each student must have a foodsafe message to share with the class.
- Students draw personal portraits of themselves engaging in foodsafe behavior. Add captions to the pictures.
- Make one of the 4Cs a daily focus during Foodsafe Week.
- Invite a cook to talk to the class about what she/he does to keep food safe when preparing and cooking meals.
- Have each student demonstrate the 20+20 hand washing during the week. Make a classroom list of all the times it is very important to wash and dry our hands.
- Have a shared foodsafe meal or BBQ at school where students and adult helpers can all demonstrate foodsafe behaviour.

RUNNING A FOODSAFE WEEK

During Foodsafe Week (12-19 November) consider a whole school Foodsafe Day and or make foodsafe behaviour a focus at least once a day for every class. This is a chance for all students to show off their foodsafe knowledge to friends and families. Other activities could include:

- Students can identify places and situations other than the kitchen where safe food handling is important, such as picnics, BBQs, outdoor parties ...
- Prepare and run a parent versus student 'Fantastic Foodsafe Quiz' at school. Award prizes.
- Invite supermarket food section managers/restaurant owners/butcher ... to talk to the class about the foodsafe rules they must follow to make sure the food we buy and eat is safe.
- Run school-wide Foodsafe slogan and poster competitions on a Foodsafe behaviour theme.
- Invite a health professional to talk to the class or an assembly about the dangers of foodborne illnesses, how they can seriously affect people, how we can treat them and simple measures we can take to avoid these dangers.
- Host a Foodsafe lunch at school where foodsafe behaviour is displayed. Invite parents to share.
- Have students devise a foodsafe community survey from the Clean, Cook, Cover, Chill chart. Administer anonymously, collate and display results.
- Write letters to the local community newspaper and/or radio station to get publicity for what the class/school is doing and get Foodsafe messages across to the community.

FOODSAFE RESOURCES AND REWARDS

To encourage and reward your students for learning about and demonstrating Foodsafe behaviour, NZFSA is please to supply teachers with a selection of FREE prizes for your class, including balloons, stickers, and magnets. Printed copies of posters and pamphlets for the classroom and for sending home are also available. To receive copies of these, please email: info@nzfsa.govt.nz and ask for an order form or visit: www.foodsafe.org.nz