

EXPLORING OLYMPISM FOR JUNIOR CLASSES

TEACHER CLASSROOM IDEAS



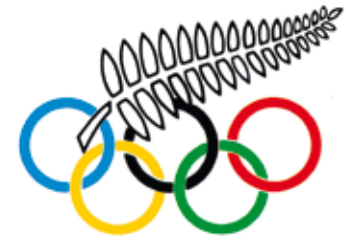
The following activities are designed to enable junior class students to explore two of the principles of Olympism – trying our best in a fair way and friendship and respect for others.

Being Fair to Other People ... playing by the rules

- How can we learn to be a fair person by playing sport/games? Discuss.
- What could happen at home or in our classroom if no one took any notice of the rules. What sort of place would it be?
- Do they know the rules of any games? As a class, try and think of all the rules for a game that they know well ... it might even be hide and seek.
- What would it be like playing a game if no one obeyed the rules?
- Introduce the idea of fair play by imagining that one person in a game or in the classroom did not have to play by or obey the rules - they could do anything they liked.
- Would people still want to play with this person? Would it be fair?
- Come up with a list of ways that they can be fair to other people - not only when they are playing games but at other times of the day as well, **eg**
 - waiting our turn in the lunch line

Trying Our Best

- How do we learn to do our best by playing sport/games?
- Who tries really hard? Always?
Have students think of times that they really try to do their best. When was it? How did they feel? Did they really try to do 'that something' well?
- Why should we always try hard to do our best? Paint pictures and add captions about the things they are going to try to do better:
 - today - tomorrow - always.



Old and New Friends

- Have students discuss how they can learn to make friends and respect others by playing sports/games?
- What special things can they all say about their friends? What is it about them that makes them a good friend?
- Why is it good to play games with other people? Have they made any new friends playing games? Share experiences.
- Talk about how special it is to make other people welcome when they join our games. How would they feel if they were left out? Each student writes a note or paints a picture to give to a new friend in the classroom.
- Using newsprint, have each student make an individual diary to hang on the classroom wall. Students revisit the diary once a week to record pictorially and with sentences and captions, times when they have demonstrated...
 - being friendly and including people in their group
 - trying their best in a fair way
 - friendly plans they have for the next week.

